



केन्द्रीयविद्यालयसंगठन/KENDRIYA VIDYALAYA SANGATHAN
(Min. of HRD, Deptt. of Education, Govt. of India)

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Date:- 03.09.2021

The Deputy Commissioner
Kendriya Vidyalaya Sangathan
All Regional Office

Subject:- Lecture series of interactive lectures on healthy lifestyle under Azadi Ka
Amrit Mahotsav-regarding

Madam/Sir,

With reference to letter received from, Secretary, Department of School Education & Literacy, Ministry of Education Vide D. No No 17-10/2020-EE-1, dated 01.09.2021, on the subject cited above, it is to inform that Ministry of Culture is going to be conducted lecture series of interactive lectures on healthy lifestyle through Ayush Systems for **Higher Secondary Schools students. The activity will be launched on 4th September, 2021** and will be carried out throughout the year. The activities are intended to sensitize students towards Ayush Health Care Systems, so that the students understand and adopt healthy living styles from an early age itself. This effort will help in building healthy India.

It is therefore requested to disseminate the above information to all the Kendriya Vidyalayas for active participation of students in the activities for celebration of Azadi Ka Amrit Mahotsav.

Yours faithfully,

(Piya Thakur)

Joint Commissioner (Acad)

Copy to :-

1. PS to Secretary, Department of School Education & Literacy, Ministry of Education, Shastri Bhawan, New Delhi for information.
2. PS to Commissioner, KVS(HQ), New Delhi for information.
3. PS to Additional Commissioner, (Acad), KVS(HQ), New Delhi for information